

THE BENEFIT

Housing Benefits Plan (HBP) is the medical plan provided to you by your housing authority utilizing the Blue Cross/Blue Shield or CIGNA networks. HBP is directed by housing authority Executive Directors from across Southeast and Southwest NAHRO for the benefit of housing authorities.

Please share this with all of the HBP participants at your housing authority, including retirees and Cobra participants.



The membership is doing a good job of using in-network providers which saves you money. Way to go!

Distinguished Hospitals Why this is Important to You

Blue Distinction Centers have proven expertise in specialty care and are noted for their high quality of care and greater cost efficiency leading to better outcomes, fewer complications and, ultimately, lower costs for members. For more information visit www.bcbsil.com.

Cigna's Center of Excellence hospitals have earned a top rating for health outcomes and offer cost savings. Go to the Cigna website, www.mycigna.com, to learn more.

Want to cut more costs?

BAM (Blue Access for Members) -

Use the cost estimator to compare costs before your next office visit. Find out how much tests, treatments, and procedures cost at different locations. www.bcbsil.com/member

Cigna's medical cost estimator compares estimated costs for various procedures based on Cigna's historical cost data. www.mycigna.com

Flu, Shingles, T-DAP, and other Vaccines

are covered by your insurance if given at a pharmacy. Most chains are providing this, but call your pharmacy to check availability. They may also be given at the doctor's office without paying a copay if the doctor is not seen. The plan member should explain when scheduling the shot that he does not want to see the doctor; he only wants to get the shot. The shot and the nurse's administration of it are covered at no cost to the member. To learn about other shots this applies to, call OptumRX at 1-855-312-7412.



Enrollment Forms used for adding employees to the plan, should be faxed or scanned and emailed to Sheila for more timely processing. 1-319.887.4220 Sheila.Stockman@mmc.com

The HBP website at www.housingbp.com provides more information and helpful links. Questions or comments? Email us at sstrange@oecwildblue.com or call 318-377-9268



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Savings on Prescription Drugs

Visit the OptumRx website to learn more about the mail order pharmacy. The website will walk you through setting this up and will inform you as to how much you can save a year. Once enrolled, mail order is a convenient, time saving, and less expensive way to receive your prescription. Call 1-855-312-7412 or visit optumrx.com.



Do I need to go to the ER

An unnecessary ER visit costs a lot. Some alternatives available to you are a free consultation with My Ideal Doctor or visiting an Urgent Care facility for a \$50 copay. A visit to the ER requires a \$150 copay and possibly additional charges.

Online Billing Information

Any password reset requests should be sent directly to Sheila Stockman at Sheila.Stockman@mmc.com

Invoices Do Not need to be included with payment as long as the company number is included either on the check or check stub. You can find this information on the invoice - "Account Number : 1451-0074XX-XX". The company number is **74XX-XX**, the number after 1451.