

MYidealDOCTOR

Your direct link to a physician 24/7

Welcome to MiD!

As a member, you and your family will receive 24/7/365 access to U.S. board-certified physicians who can consult, diagnose and prescribe medication if deemed appropriate via interactive audio or video. Regardless of time and location, you can connect with a physician for common and acute illnesses. The physician will be able to review your telemedicine record, discuss symptoms and treatment options. As a member, you can access your secure account anytime of the day or night at myidealdocor.com. Once you activate your account, download the mobile app/enable push notifications to keep MiD at your fingertips!

Benefits Of MYidealDOCTOR

- 24/7/365 access to a physician
- Call back < 30 minutes
- Speak to a doctor at work, traveling or from the comfort of your home
- Save \$\$\$ by avoiding expensive ER and urgent care visits
- Access to **Behavioral Health** services

When To Use MYidealDOCTOR

- You are considering going to the ER or Urgent Care for a non-emergent issue
- At work, home, on a business trip, vacation, etc.
- You do not want to sit in a waiting room with other patients

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Housing Benefits Plan



Group # MYIDR1318
Consultation Fee \$0
(855) 879-4332
myidealdocor.com

Common Conditions We Treat

- Cold/Flu
- Cough, congestion, sinus
- Urinary tract infection
- Allergies
- Nausea
- Pink eye
- Rashes and many more...

Service is not currently provided in: Arkansas
Dependents under the age of 2 are not eligible for telemedicine consultations. MYidealDOCTOR does not replace your primary care physician.

To Schedule A Consult



855-879-4332



myidealdocor.com

To Access Your Account

If your email address was shared by your group administrators, you should have received a [Welcome Account Activation email](#) with a link to your account we created for you. **If you lost or did not receive the email, please follow the instructions below:**

1. Go to www.myidealdactor.com and click **Member Login** at the top of the page.
2. Click [Forgot your password?](#) to reset your password and login to your account.
3. If you experience any issues, call [855-879-4332](tel:855-879-4332) for assistance.

If your email address was NOT shared by your group administrators, and you did not receive an email to activate your account - please follow the instructions below:

1. Go to www.myidealdactor.com and click **Member Login** at the top of the page.
2. Click **Register**. Select **Group Benefit** as the registration method.
3. **Validate** your membership by completing the fields on the **Group Benefit Registration** page
4. Click **Validate**.
5. **Create your account** by entering your email address and password.

If you experience any issues, please contact [855-879-4332](tel:855-879-4332) for assistance.