

THE BENEFIT

Housing Benefits Plan (HBP) is the medical plan provided to you by your housing authority utilizing the Blue Cross/Blue Shield or CIGNA networks. HBP is directed by housing authority Executive Directors from across Southeast and Southwest NAHRO for the benefit of housing authorities.

Please share this with all of the HBP participants at your housing authority, including retirees and Cobra participants.

Changing Plans & Open Enrollment

To **change medical plans** housing authorities must submit a [Benefits Election form](#) and each employee must complete an [Employee Enrollment/Change form](#). On these forms only address the plan being changed. Do not mark anything about any other HBP coverages you may have, if the agency is not changing those. Example forms, which include instructions, are available on HBP's website at <https://www.housingbp.com/links>. To ensure the timely processing of changes and issuance of new ID cards prior to January 1st, **please submit changes by November 15**. Contact Susan Strange (318-377-9268) if you have questions and submit completed forms to her at sstrange@oecwildblue.com or fax to 318-371-1224.

Any employee wishing to make other changes during **Open Enrollment** should submit a separate Enrollment/Change form. **Open Enrollment changes are due by December 3** and should be submitted to CBS.HBP.Billing&Eligibility@mmc.com or faxed to 319-887-4220. This form may also be found on HBP's website at <https://www.housingbp.com/links>.

2019 Prescription Drug List

Sent with this newsletter is the 2019 Prescription Drug List (PDL). It lists commonly prescribed drugs and identifies their tier levels which indicates the amount you pay. It is not intended to be a complete list of medications, and not all medications listed may be covered under your plan.

Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

Since the PDL may change, we encourage you to visit UHC's website at <https://uhc.welcometouhc.com/>. Click on benefits, go to pharmacy benefits, and midway down the pharmacy benefits page are links for all PDLs. HBP is covered under the "Advantage 3-tier PDL". This website is the best source for up-to-date information about the medications, possible lower-cost options, and cost comparisons.

Locating Mental Health Providers

These providers are listed in a separate directory on the UHC website. To locate the in-network providers, go to www.myuhc.com. On the top right-hand side of the page under "Links and Tools" click on "Find Medical and Mental Health Providers and Facilities." Click on Mental Health Directory. On the next page, change the location if it does not display the location you want. Then you can type a specific name in the search box or search by one of the category choices.



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Dental Providers

You can continue to use out of network dentists with the change to UHC, but your benefits go farther with in-network dentists.

To locate in-network dental providers go to www.welcometouhc.com/openaccess. On the left hand side of this page under "What would you like to do" select Find a Network Dentist. The network is National Options PPO30. Choose to search by location, dentist name, or practice name. Complete the necessary information and hit search.

Steps for locating UHC in network medical providers

1. Go to www.welcometouhc.com to look for in network providers.
2. Use the down arrow on "What do you want to do," to choose "find a network doctor or hospital"
3. The next page asks for the plan name. Select Choice Plus unless you have the Out of Area plan. If you have the Out of Area plan select Choice.
4. On the next page, change the location if it does not display the location you want. Then you can type a specific name in the search box or search by one of the category choices.

The HBP website at www.housingbp.com provides more information and helpful links. Questions or comments? Email us at [sstrange@oecwildblue.com](mailto:ssstrange@oecwildblue.com) or call 318-377-9268.