



## THE BENEFIT


**Housing Benefits Plan (HBP) is the medical plan provided to you by your housing authority. It is directed by housing authority Executive Directors from across Southeast and Southwest NAHRO for the benefit of housing authorities.**

*Please share this with all of the HBP participants at your housing authority, including retirees and Cobra participants.*

### Rally

 Rally is designed to help you make changes to your daily routine, set smart goals and track your progress. You'll get personalized recommendation to help you move more, eat better and improve your health—and have fun doing it.

 Start with the quick Health Survey and get your Rally Age, a measure to help you assess your overall health. Rally will then recommend missions for you: activities designed to help improve your diet, fitness, and mood. Start easy and level up when you're ready.

 Plus, on Rally there are lots of ways to earn Rally Coins, which you can use for chances to win rewards. Rack up Rally Coins for taking healthy actions, like joining missions, completing healthy activities, or pushing yourself in a Challenge.

Rally is available at no additional cost to you, as part of your health plan benefits. Attached is a flyer with more information and this link will take you to a short Rally video. <https://youtu.be/WTRd-U2ft8A>

### Office Visit Copays

All **covered** services performed in the office visit setting will now be covered under the applicable copayment. Claims will be adjusted and refunds will be issued for any **previously submitted claims that did not adjudicate in this fashion.**

### Mail Order Program Is No Longer Mandatory

UHC's mail order program is designed to offer a convenient and economical way to purchase maintenance drugs. However, for HBP, the requirement to participate in this program has been removed. Members that prefer to get a 30 day refill of a maintenance drug at a retail pharmacy may do so. The opportunity to fill maintenance medications for a 90 day supply at CVS Pharmacy or through OptumRx mail order is still available at a savings to you, but it is no longer mandatory.



### 1095-B Tax Forms

For housing authorities with less than 50 employees, Professional Benefits Administrators, Inc. (PBA) mailed the 1095-B tax forms to the homes of employees that had medical coverage with HBP during 2018. If you did not get yours or have questions, please contact Holly Bulthuis. [bulthuis@pbaclaims.com](mailto:bulthuis@pbaclaims.com)



**March 2019**



**Quest and LabCorp** are both in-network with United Healthcare.



### Virtual Visits

Just a reminder that Virtual Visits are offered at no additional cost to members, when using one of the two in-network providers: AmWell or Doctor on Demand.

Virtual Visits offer 24/7 access to a doctor from a mobile device or computer to treat non-emergency medical conditions. To get started, go to [uhc.com/virtualvisits](http://uhc.com/virtualvisits) and choose from provider sites where you can register for a Virtual Visit.

### Prescription Options

Lower cost options may be available for drugs you are currently taking. You can get this information by calling customer service at 866-633-2446 or by going on line. [Myuhc.com](http://Myuhc.com) has a pricing tool for prescriptions and will cost compare between different pharmacies. After going to OptumRX through the Manage Your Prescriptions tab on the home page there is a Drug Search that takes members to a Price this Drug option. This will give an estimate of the cost the member will pay for each medication.

### Contact Employer Message

When your information needs updating you may receive a message from UHC to contact your employer. This means to contact Mercer. When you receive this message please contact Mercer at [CBS.HBP.Billing&Eligibility@mhc.com](mailto:CBS.HBP.Billing&Eligibility@mhc.com) to get the needed changes made.

The HBP website at [www.housingbp.com](http://www.housingbp.com) provides more information and helpful links. Questions or comments? Email us at [ssrange@oecwildblue.com](mailto:ssrange@oecwildblue.com) or call 318-377-9268.