

THE BENEFIT

Housing Benefits Plan (HBP) is the medical plan provided to you by your housing authority. It is directed by housing authority Executive Directors from across Southeast and Southwest NAHRO for the benefit of housing authorities.

Please share this with all of the HBP participants at your housing authority, including retirees and Cobra participants.

Prescription Drug List Updated

Twice a year updates are made to the prescription drug list (PDL) to keep pace with current market trends, price changes, and new clinical information. The few members impacted by these changes will receive a letter 30-60 days prior to the effective date. Members are encouraged to visit myuhc.com to find lower-cost medications with greater health care value. Attached is the PDL updated for July 1. It can also be found on HBP's website at <https://www.housingbp.com/plan-descriptions>

Health Discount Program

UHC's health discount program is designed to help save you money—typically 10 to 50 percent on health and wellness products and services beyond what's included in your benefit plan.

To locate participating health care professionals, programs, and online retailers go to myuhc.com and click on either the Health & Wellness tab and "Discounts" or the Health Resources tab and "Shop Healthy, Get Discounts." To search for a program or an online retailer, select a category under services. After selecting a provider or program you're interested in, discount details are displayed. Be sure to print the discount confirmation and take it with you to your appointment. When you make an appointment, identify yourself as a UnitedHealth Allies discount program member. Pay the discounted rate at the time of service.

To search for discount products select a category under Products. Once you locate the product you're interested in, click on the product to view additional details and available discounts.

See the attached document for more information about the program. This program ends December 31, 2019, but you can obtain discounts on various programs and services from now through the end of the year.



May 2019



Maternity Support Program

Each member is supported before, during, and after pregnancy by an experienced maternity nurse who provides assistance, education, guidance, and answers. The Maternity Support Program also includes a comprehensive pregnancy app that delivers personalized support. The app (United HealthCare Pregnancy app) allows members to connect with a nurse 24 hours a day, 7 days a week, track milestones, access informative articles, check pregnancy-related symptoms and much more. Get started today at <https://myuhc.phs.com/content/phs/en/phs/maternitysupport.html> or 1-877-201-5328. See attachment for more information.

Important Information for Newly Enrolled Employees

Attached is a packet of information which you may find helpful for newly and not so newly enrolled employees. It covers getting additional ID cards, finding providers, and much more. Information about all of HBP's coverages is included. Find what applies to the coverages you have. This document can also be found on HBP's website. Click on the Resources tab and go to the Notices/Forms page.

The HBP website at www.housingbp.com provides more information and helpful links. Questions or comments? Email us at sstrange@oecwildblue.com or call 318-377-9268.