

THE BENEFIT

Housing Benefits Plan (HBP) is the medical plan provided to you by your housing authority. It is directed by housing authority Executive Directors from across Southeast and Southwest NAHRO for the benefit of housing authorities.

Please share this with all of your HBP employees, retirees, and COBRA members. Also share with the ED, HR, and Finance.

National Health Observance — Alcohol Awareness

April's Health Observance is Alcohol Awareness. Looking for educational information related to this topic? If so, check out the following United Healthcare educational resources:

[Alcohol Use Overview](#) [Substance Use Disorder](#) [Substance Use Hotline](#)

The [Understanding Alcohol Use and Misuse](#) podcast will take a closer look at facts to know about alcohol use and misuse, the reasons why people choose to drink, the potential health concerns associated with over drinking, and understanding when it is time to seek help.

April & May's Webinar Trainings

Tues. April 20, 10 am (EST) [Boost Energy Naturally](#)

Tues. May 18, 10 am (EST) [How to Work With Difficult Customers](#)

Find previous webinar recordings at <https://www.housingbp.com/links-2>

Mental and Behavioral Health

Mental and behavioral health issues have been on the increase during this last year. Unfortunately most people do not seek treatment. UHC has provided information about resources and where to start in getting help. It is entitled "Mental Health Matters" and can be found on HBP's website on the Links page at: <https://www.housingbp.com/links-2>

Scheduling an Onsite Biometric Screening Event

An on-site biometric screening is available if 20 or more covered employees participate. Contact marketing at hbp@callhsa.com if your housing authority is interested in scheduling a screening. A minimum of a 90 day lead time is required to set up the onsite screenings. You may also get the screening done at a doctor's office or convenience care clinic (At these a Provider Results form must be completed for Simply Engaged rewards.) Other options are a participating Quest Diagnostics provider or at-home test kits. Check for applicable copays. Copays would apply if seeing a doctor unless it is part of a wellness visit.

You've got questions. We've got answers.

Please contact Mercer Billing at ClientServices_Billing3@mercer.com for all billing inquiries. Also, please continue to send your enrollment and termination forms to ClientServices_Billing3@mercer.com. For all non-billing questions (enrollments/terminations, ID cards, coverage not active, etc.) contact Marketing at hbp@callhsa.com or 1-800-288-7623, option 5.

COVID-19 Resources

Click on the link for the **most current COVID-19 information** from UHC. <https://www.uhc.com/health-and-wellness/health-topics/covid-19/faq>
Visit www.myuhc.com/covid for **up-to-date plan and benefit information**.



April 2021

Medicare Primary Corner

If you are a Medicare Primary member this column is for you. Medicare Primary members are those from small housing authorities (less than 20 employees) who are 65 or over and have been approved for the Medicare Exception. Retirees on the plan who are 65 or over are also part of this group. Our plan is to run the column quarterly, or as needed, to keep Medicare Primary members informed.

1. If you have any questions about the Medicare Primary program contact Marketing at hbp@callhsa.com or 1-800-288-7623, option 5. Customer service at UHC can only see you as a member of a large group and would not be able to provide the answers you need.
2. You might be contacted by Optum or another organization trying to determine Coordination of Benefits for UHC. If asked if you have other coverage, please explain that you have both UHC and Medicare and that Medicare is primary (pays first).
3. In UHC's system, active employees are shown as a retiree with a retirement date that corresponds to your Medicare Primary effective date. That is UHC's way of identifying you as an active employee classified as Medicare Primary.

Know Before You Go

When scheduling a test or procedure inquire about the ancillary providers such as anesthesiologists and radiologists. If they are not in-network, find ones that are, even if you need to change to another in-network facility.

The HBP website at www.housingbp.com provides more information and helpful links.

Questions or comments? Email us at hbp@callhsa.com or call 1-800-288-7623, option 5.