

THE BENEFIT

Housing Benefits Plan (HBP) is the medical plan provided to you by your housing authority. It is directed by housing authority Executive Directors from across Southeast and Southwest NAHRO for the benefit of housing authorities.

Spring Into Better Health



April 2026

UHC Perks—Employee Assistance Program

The Employee Assistance Program (EAP) is a free perk included with your UHC medical membership. To get started, call an EAP coordinator at 1-888-887-4114 for a no-cost confidential assessment for concerns such as:

- Addressing depression, stress, or substance abuse issues
- Improving relationships at home or work
- Finding support for child or elder care matters
- Working through emotional issues or grief
- Getting legal or financial assistance

Members may be referred for 3 no-cost visits with a behavioral health provider per incident, per year. Use of these services are not shared with your employer. More information is attached.

Pharmacy Benefit Update Effective May 1, 2026

United Healthcare updates its Prescription Drug List (PDL) to keep pace with current market trends, price changes, and new clinical information. Impacted members were sent letters 30-60 days prior to the PDL effective date. The PDL updates are attached to this newsletter.

April's Health Focuses

Each month, UHC — who offers incentives and well-being programs — provides information on their selected health focus. The April selections are:

National awareness — [Alcohol & Substance Abuse](#) and [Stress Awareness](#)

UHC's health tip — Screen Time and Brain Health

UHC Rewards challenges* — Activate UHC Rewards (\$20 value)

**Enroll in UHC Rewards and complete these challenges to earn money.*

[April toolkit](#) — Healthy aging

Additional information is attached.

Download the United Healthcare App

The United Healthcare app puts the plan right at your fingertips making it easier than ever to stay on top of your health this spring. Scan the QR code to the right in order to create/sign-in to your myUHC account. Additional things you can access via the app include:

- | | |
|---------------------|---------------------|
| Find Care | ID Card Access |
| Estimate Costs | Claims Tracking |
| 24/7 Virtual Visits | Deductible Progress |



Upcoming Webinar Trainings

Tues, May 19, 10am (EST) Topic: [Understanding Employee Wellbeing for Managers](#) *click to register*

Thurs, May 21, 10am (EST) Topic: [How to Beat Fatigue & Sleep Better](#) *click to register*

Thank you to everyone who voted on webinar topics for this year. You can find previous webinar recordings at <https://www.housingbp.com/links-2>

*Tip: Some HAs use the library of recordings to host staff trainings. They select a topic for the month and gather in a conference room to watch.

The HBP website at www.housingbp.com provides more information and helpful links. Questions or comments? Email us at hbp@callhsa.com or call 1-800-288-7623, option 5.



When life feels challenging, get caring and confidential help

Your Employee Assistance Program (EAP) offers access to personalized support, resources and no-cost referrals. It's confidential 1-on-1 help from a master's-level specialist.

No-cost, 24/7 access to support in the moments that matter

EAP helps you and your family with a range of issues, including:

- Identifying resources for managing stress, anxiety and depression
- Offering specialized help in improving relationships at home or work
- Providing guidance on legal and financial concerns
- Finding ways to help you cope with occupational stress and burnout
- Connecting you with care for addressing substance use issues



Scan to save EAP
contact information
to your phone.

**Call EAP 24/7 at
1-888-887-4114**

Press or say 1 for members,
then press or say 1 for seeking
in-the-moment support with a
well-being specialist

- 3 free counseling sessions
per incident, per year
- Confidential and private;
services will not be shared
with your employer

**United
Healthcare®**

There for what matters™

The material provided through this program is for informational purposes only. EAP staff cannot diagnose problems or suggest treatment. EAP is not a substitute for your doctor's care. Employees are encouraged to discuss with their doctor how the information provided may be right for them. Your health information is kept confidential in accordance with the law. EAP is not an insurance program and may be discontinued at any time. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against UnitedHealthcare or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

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Go digital, get more out of your health plan benefits



Digital tools to keep you connected

Your personalized digital tools – the **UnitedHealthcare® app** and **myuhc.com®** – give you access to resources designed to help you:

- View benefit info, claim details and account balances
- Search network providers and facilities for the type of care you may need
- Access your health plan ID card and add your plan details to your smartphone's digital wallet
- Learn about covered preventive care
- Compare cost estimates before you get care, which may help you save money

Register once to access both tools

Start by opening the **UnitedHealthcare app** or going to **myuhc.com** and then:

- Tap **Register Now** on the app, or select **Register** on the website
- Fill in the required fields and create your username and password
- Enter your contact information and select SMS text or phone call for two-factor authentication – then, agree to the terms and conditions
- Opt in to paperless delivery from your communication preferences

Now that you're registered, you'll be able to manage your plan all year long.

Get connected



Scan this code to download the **UnitedHealthcare app** or visit **myuhc.com**

United Healthcare®

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under the Find Care & Costs section. Available only for insured plans and self-funded plans with Optum Rx integrated pharmacy benefits.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Health Plan coverage provided by or through a UnitedHealthcare company. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by UnitedHealthcare Insurance Company or their affiliates, including UnitedHealthcare Life Insurance Company in NJ, and UnitedHealthcare Insurance Company of New York in NY.

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Get in on UHC Rewards



Good news—your health plan comes with a way to earn up to \$300.
UnitedHealthcare Rewards is included in your health plan at no additional cost.



There's so much good to get

With UHC Rewards, a variety of actions—including things you may already be doing, like tracking your steps or sleep—lead to rewards. The activities you go for are up to you, and the same goes for ways to spend your earnings.

Here are just a few of the ways you can earn:

Connect a tracker	\$25
Take a health survey	\$15
Get an annual checkup	\$25
Get a biometric screening	\$50

Visit UHC Rewards for the full list of rewardable activities that are available to you—and look for new ways of earning rewards to be added throughout the year.

Earn up to
\$300

There are 2 ways to get started



On the UnitedHealthcare® app

- Scan this code to download the app
- Sign in or register
- Select **UHC Rewards**
- Activate UHC Rewards and start earning
- Though not required, connect a tracker and get access to even more reward activities

On myuhc.com®

- Sign in or register
- Select **UHC Rewards**
- Activate UHC Rewards
- Choose reward activities that inspire you—and start earning



Your health

Get in on an experience that's designed to help inspire healthier habits

Your goals

Personalize how you earn by choosing the activities that are right for you

Your rewards

Earn up to \$300 for completing rewardable activities

Questions?

Call customer service at **1-866-230-2505**

United Healthcare

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico nor available to level funded members in District of Columbia, Hawaii, Vermont and Puerto Rico.

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Administrative services provided by United HealthCare Services, Inc. or their affiliates.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by UnitedHealthcare Insurance Company or their affiliates, including UnitedHealthcare Life Insurance Company in NJ, and UnitedHealthcare Insurance Company of New York in NY.

UnitedHealthcare Rewards

Payout structure



One-time activities



Tracker-based

Action	Description	Dollars earned
Activate UHC Rewards new	First time users may earn for activating UHC Rewards. Rewardable only once.	\$20
Complete health survey	Learn how your health journey is going and offers to help improve your well-being	\$15
Get a biometric screening	Complete annual bloodwork and measurements	\$50
Go paperless	Switch to paperless communications	\$2.50
Flu shot	Get an annual flu shot	\$10
Annual checkup*	Complete an annual checkup to support health and prevent illness	\$25
24/7 Virtual Visit*	Talk to a provider by video for common urgent care needs	\$10
Get a cervical screening*	Regular screening tests can help find changes in the cervix that can be treated before they become cancer	\$50
Get a breast screening*	A mammogram can usually find breast changes that could be cancer years before symptoms develop	\$50
Get a colorectal cancer screening* new	Getting routine screenings may increase the chance of detecting some cancers early. [Some screenings can be completed with an at-home fecal test.]	\$50
Get a cost estimate	A cost estimate informs member of the expected cost for an upcoming visit or service	\$20
Connect a tracker	Automatically track activities	\$25
Daily activity – goal 1	Track 15 active minutes or 5k steps per day	\$0.25
Daily activity – goal 2	Track 30 active minutes or 10k steps per day	\$0.50
Fitness challenge – weekly goal	Complete the daily activity goals 5 out of 7 days (Sunday to Saturday)	\$2.50
Sleep tracking	Track sleep for 14 days	\$5
Sleep challenge – weekly goal	Track 7 hours of sleep for 5 out 7 nights (Sunday to Saturday)	\$2.50
Maximum annual incentive		\$300



*claims-based

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Health tip: Screen time and brain health

We use technology to work, learn, and facilitate our lives. Screen time refers to the amount of time spent using digital devices such as smartphones, computers, and televisions. Understanding its effects on our brain health is crucial for maintaining overall well-being. Research shows increased screen time correlates with emotional and behavioral challenges, potentially affecting both physical and mental well-being.¹

Key facts to consider^{1,2,3}

- Digital devices release “feel-good chemicals” in our brain including dopamine (reward hormone), oxytocin (love hormone), and cortisol (fight or flight hormone).
- Adults and children alike are spending significant time on screens outside of work/school.
- Too much screen time may lead to depression, anxiety, hypervigilance, hyperarousal, and other behavior problems.
- Screen usage may also lead to physical problems like obesity, eye strain, and musculoskeletal diseases.

Mental health impact

- Increased anxiety and depression risks
- Sleep disruptions
- Potential social isolation

Signs your screen time may need attention³

- Difficulty controlling screen time duration
- Choosing screens over other activities
- Impact on relationships or daily responsibilities
- Physical symptoms like eye strain or neck pain



Technology and relationships⁴

Technology gets a bad rap, but it may improve relationships. It enables people to meet online, stay connected and allows for remote work. It's important to find balance with technology and not overly rely on it. Stay present and put your phone away when you are with someone.

Positive steps for healthier screen habits

1. **Practice the 20-20-20 rule** – Every 20 minutes, look at an object that is roughly 20 feet away from you for at least 20 seconds.⁵
2. **Try screen-free activities** – Reading books, outdoor activities, physical exercise, puzzles or board games and quality time with family and friends.⁵
3. **Set healthy boundaries** – Create “screen free” times and places, take regular breaks during work, use screen time tracking apps, and establish a screen free bedtime routine.¹



Remember, technology is a tool that should enhance, not control, our lives. Small changes in screen time habits may lead to significant improvements in both physical and mental well-being.



Sources:

1 Cleveland Clinic. <https://health.clevelandclinic.org/how-screen-time-can-slow-your-childs-development>. 2022. Accessed June 2025

2 Wisconsin Office of Children's Mental Health. https://children.wi.gov/Documents/ResearchData/OCMH%20Fact%20Sheet_April2022_Healthy%20Screen%20Time%20in%20a%20Digital%20World.pdf. 2022. Accessed June 2025.

3 Mayo Clinic. <https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/are-video-games-and-screens-another-addiction>. 2022. Accessed June 2025

4 Mayo Clinic. <https://www.mayoclinichealthsystem.org/hometown-health/featured-topic/5-ways-slimming-screen-time-is-good-for-your-health>. 2024. Accessed June 2025

5 National Library of Medicine. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9434525/>. 2022. Accessed June 2025

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Updates to your prescription benefits

Effective upon renewal

Access PDL benefit summary

Dear Valued Customer:

We are pleased to announce our **Access Prescription Drug List (PDL)** pharmacy benefit updates. Our PDL Management Committee carefully reviews and evaluates prescription medications to place them in tiers corresponding to their overall health care value. By managing pharmacy benefits responsibly, we are able to provide integrated pharmacy benefit solutions for our customers and affordable medications for our members. If you have questions regarding the PDL and benefit plan updates listed below, please contact your broker or a UnitedHealthcare representative.

Below is a list of PDL updates effective upon your renewal.

Medication name	Current benefit coverage	New benefit coverage
Adalimumab-adbm (unbranded Cyltezo) - Quallent	EAL ¹	Excluded ²
Ala-Scalp	3/4	Excluded ²
Alhemo	3/4	Excluded ²
Brilinta (brand only)	3/4	Excluded ²
Bucapsol capsule	EAL ¹	Excluded ²
Casodex (brand only)	3/4	Excluded ²
Combogesic tablet	EAL ¹	Excluded ²
Danziten	EAL ¹	Excluded ²
Dayvigo	3/4	Excluded ²
Demser (brand only)	3/4	Excluded ²
dicyclomine hydrochloride 40 mg	EAL ¹	Excluded ²
Dificid tablet (brand only)	3/4	Excluded ²
Dolobid	EAL ¹	Excluded ²

Medication name	Current benefit coverage	New benefit coverage
Ekterly	EAL ¹	Excluded ²
Emrosi	EAL ¹	Excluded ²
Entresto (brand only)	3/4	Excluded ²
Epaned (brand only)	3/4	Excluded ²
Equetro	3	3/4
Fenopron	EAL ¹	Excluded ²
Fleqsuvy (brand only)	3/4	Excluded ²
Fluticasone Furoate Ellipta (Arnuity Ellipta authorized generic)	EAL ¹	Excluded ²
Fulvicin P/G 165 mg	EAL ¹	Excluded ²
Gabarone	EAL ¹	Excluded ²
glimepiride 3 mg	EAL ¹	Excluded ²
griseofulvin 165 mg (generic Fulvicin P/G)	EAL ¹	Excluded ²
Humira	2	Excluded ²
Humira (manufactured by Cordavis)	EAL ¹	Excluded ²
Hydrea (brand only)	3/4	Excluded ²
hydrocortisone 2% lotion	1	Excluded ²
Hydrocortisone 2.5% solution (Texacort authorized generic)	EAL ¹	Excluded ²
Ibrance	2	3/4
ibuprofen 300 mg	EAL ¹	Excluded ²
Imuldosa	EAL ¹	Excluded ²
Indocin rectal suppository (brand only)	3/4	Excluded ²
Indocin suspension (brand only)	3/4	Excluded ²
Jynarque (brand only)	3/4	Excluded ²
Kirsty	EAL ¹	Excluded ²
Leqselvi	EAL ¹	Excluded ²
Lopressor tablet (brand only)	3/4	Excluded ²
Merilog	EAL ¹	Excluded ²
Merilog Solostar	EAL ¹	Excluded ²
metaxalone 640 mg	EAL ¹	Excluded ²
metformin 750 mg	EAL ¹	Excluded ²
metronidazole 125 mg	EAL ¹	Excluded ²
Motegrity (brand only)	3/4	Excluded ²
Nexium packet (brand only)	3/4	Excluded ²
Nilotinib tartrate	EAL ¹	Excluded ²
Nypozi	EAL ¹	Excluded ²

Medication name	Current benefit coverage	New benefit coverage
OneTouch Ultra 2 monitoring kit	1	Excluded ²
OneTouch Ultra Blue test strips	1	Excluded ²
OneTouch Ultra test strips	1	Excluded ²
OneTouch Verio monitoring kit	1	Excluded ²
OneTouch Verio Flex monitoring kit	1	Excluded ²
OneTouch Verio IQ monitoring kit	1	Excluded ²
OneTouch Verio Reflect monitoring kit	1	Excluded ²
OneTouch Verio test strips	1	Excluded ²
Opipza oral film	EAL ¹	Excluded ²
Otulf	EAL ¹	Excluded ²
Pyzchiva	EAL ¹	Excluded ²
Ravicti (brand only)	3/4	Excluded ²
Rolvedon	EAL ¹	Excluded ²
Sabril tablet (brand only)	3/4	Excluded ²
Selarsdi	EAL ¹	Excluded ²
Simplera Sensor	EAL ¹	Excluded ²
Simplera System	EAL ¹	Excluded ²
Symbravo	EAL ¹	Excluded ²
Tasigna (brand only)	3/4	Excluded ²
Tegretol oral suspension	3	3/4
Tegretol tablet	3	3/4
Thiola (brand only)	3/4	Excluded ²
Thiola EC (brand only)	3/4	Excluded ²
Tracleer tablet (brand only)	2	Excluded ²
tramadol 75 mg	EAL ¹	Excluded ²
Umeclidinium/vilanterol (Anoro Ellipta authorized generic)	EAL ¹	Excluded ²
Undecatrex (Kyzatrex authorized generic)	EAL ¹	Excluded ²
Ustekinumab (unbranded Stelara)	EAL ¹	Excluded ²
Ustekinumab-aekn (unbranded Selarsdi)	EAL ¹	Excluded ²
Ustekinumab-ttwe (unbranded Pyzchiva)	EAL ¹	Excluded ²
Venxxiva (brand only)	EAL ¹	Excluded ²
Wezlana	EAL ¹	Excluded ²
Yutrepia	EAL ¹	Excluded ²
Zunveyl	EAL ¹	Excluded ²

¹ The Exclude at Launch Program (EAL) enables us to immediately exclude upon launch a high-cost medication from benefit coverage, eliminating unnecessary costs for you and allowing appropriate clinical programs to be implemented which minimizes any disruption for your employees. For clients that do not participate in the Exclude at Launch Program, these medications will be placed on the highest tier.

² This medication is excluded for the majority of benefit plans. For customers not participating in exclusions, this medication may be covered in the highest tier.

Access PDL clinical programs benefit summary

Some prescription drugs may have programs or limits that apply. Below are the changes that will be effective upon renewal.

PA Prior authorization - new notification³

Prior authorization – notification requires additional clinical information to verify members benefit coverage.

Therapeutic use	Medication name
Acne	Arazlo ⁴

MN New medical necessity

Medical necessity is a type of prior authorization that evaluates the clinical appropriateness of a medication, such as condition being treated, type of medication, frequency of use, and duration of therapy. The following medications will now require medical necessity for coverage.

Therapeutic use	Medication name
Acne	Aklief ⁵
ADHD	Xelstrym transdermal patch
Arrhythmias	Sotylize oral solution
Blood clots	Pradaxa pellet pack
Cancer	Xatmep oral solution
Chest pain	Aspruzyo Sprinkle granules packet
Cholesterol/Lipid lowering	Atorvaliq suspension
Cholesterol/Lipid lowering	Ezallor Sprinkle capsule
Cholesterol/Lipid lowering	Flolipid suspension
COPD	Yupelri
Diuretic	Inzirgo suspension
Elevated potassium levels	Lokelma
Elevated phosphate levels	Renvela packet
Elevated potassium levels	Veltassa
Endometriosis	Orilissa
High blood pressure	Carospir suspension
High blood pressure	Epaned oral solution
High blood pressure	Katerzia oral suspension
High blood pressure	Norliqva oral solution
High blood pressure	Qbrelis oral solution
High blood pressure	valsartan oral solution
Infections	Xifaxan
Irritable bowel disease	Viberzi

Therapeutic use	Medication name
Mental health	chlorpromazine hydrochloride concentrate
Muscle spasms	Fleqsuvy suspension
Muscle spasms	Ozobax DS oral solution
Nausea & vomiting	Syndros solution
Oral steroid	Alkindi Sprinkle capsule ⁷
Pain & inflammation	Indocin suppository
Pain & inflammation	Indocin suspension
Pain & inflammation	Meloxicam suspension
Pain & inflammation	Naprosyn suspension ⁷
Parkinson's disease	Nourianz
Seizures	Epronita oral solution
Seizures	Xcopri
Seizures	Zonisade oral suspension
Sexual dysfunction	Stendra ⁶
Sexual dysfunction	Addyi ⁶
Sexual dysfunction	Vyleesi ⁶
Skin conditions	Tazorac
Testosterone replacement	Androgel ⁴
Testosterone replacement	Fortesta ⁴
Testosterone replacement	Testim
Testosterone replacement	testosterone 30 mg/ACT ⁴
Testosterone replacement	Vogelxo ⁴
Thyroid replacement	Ermeza oral solution
Thyroid replacement	Tirosint-Sol oral solution
Transplant	Prograf Granules packet
Ulcers, heartburn & reflux	Nexium packets for suspension
Ulcers, heartburn & reflux	Prevacid Solutab ODT
Ulcers, heartburn & reflux	Zegerid powder packet for suspension ⁷
Uterine bleeding	Myfembree

ST New step therapy

The below medications are part of the step therapy program and have revised requirements. You must try one or more other medications before the medication below may be covered.

Therapeutic use	Medication name	Step 1 medication
Cholesterol/Lipid lowering	Livalo ⁴	Must try three: atorvastatin (generic Lipitor), fluvastatin (generic Lescol), lovastatin (generic Mevacor), pravastatin (generic Pravachol), rosuvastatin (generic Crestor) or simvastatin (generic Zocor)
Cholesterol/Lipid lowering	Nexletol	Must try both: Zetia and high intensity statin therapy
Cholesterol/Lipid lowering	Nexlizet	Must try both: Zetia and high intensity statin therapy
Cholesterol/Lipid lowering	Zypitamag	Must try three: atorvastatin (generic Lipitor), fluvastatin (generic Lescol), lovastatin (generic Mevacor), pravastatin (generic Pravachol), rosuvastatin (generic Crestor) or simvastatin (generic Zocor)
Diabetes	Novolin N Flexpen Relion ⁷	Humulin N
Diabetes	Novolin R Flexpen Relion ⁷	Novolin R Flexpen Relion ⁷
Skin conditions	Klisyri	Must try two: diclofenac 3% gel (generic Solaraze), topical fluorouracil (e.g. Carac, generic Efudex), imiquimod 5% (e.g. generic Aldara)
Ulcers due to H.pylori	Voquezna Dual Pak	One of the following: clarithromycin-based triple therapy, clarithromycin-based concomitant therapy OR bismuth quadruple therapy
Ulcers due to H.pylori	Voquezna Triple Pak	One of the following: clarithromycin-based triple therapy, clarithromycin-based concomitant therapy OR bismuth quadruple therapy

QL New quantity limits

Quantity limits establish the maximum quantity of a drug that is covered per copay or in a specified time frame. The drugs below will now be part of the quantity limits program.

Therapeutic use	Medication name	New quantity limit
Inflammatory conditions	Adalimumab-adaz 80 mg/0.8 mL ⁸	2 auto-injectors per month
Inflammatory conditions	Yuflyma CD/UC/HS Starter Kit 80 mg/ 0.8 mL ⁴	3 auto-injectors per year

QL Revised quantity limits

The following medications have revised quantity limits requirement for coverage.

Therapeutic use	Medication name	New quantity limit
Diabetes	Ozempic 2 mg/3 mL ⁸	1 pen-injector per month

³ Includes brand, generic and authorized generic products unless otherwise noted.

⁴ Typically excluded from coverage. For benefits that do not exclude, step therapy or prior authorization may be required.

⁵ Prior authorization may already be in place based on benefit design.

⁶ Coverage is determined by the consumer's prescription drug benefit plan including step therapy or prior authorization.

⁷ Typically excluded from coverage.

⁸ Step therapy or prior authorization may be required for coverage.

Learn more



Call the toll-free phone number on your member ID card to speak with a Customer Service representative.



Visit the member website listed on your member ID card to look up the price of drugs covered by your plan, find lower-cost options and more.

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